



**PLEWS SHADLEY
RACHER & BRAUN^{LLP}**
ATTORNEYS AT LAW

PSRB Proud to Sponsor ISMA's Women in Medicine Retreat on February 20
February 19, 2016

On Saturday, February 20, 2016, Plews Shadley Racher and Braun LLP will be a sponsor of the Indiana State Medical Association's annual Women in Medicine Retreat. The event, taking place at West Baden Springs Hotel, will focus on MINDfulness, or "maintaining a moment-by-moment awareness of our thoughts, emotions, bodily sensations, and surrounding environment." Mindfulness has been documented to create a positive impact on many parts of a practitioner's life and can be a key tool in increasing self-awareness, an essential trait for successful leaders. The event will include CME, a lunch, reception, and conclude with dinner.

You can learn more about Plews Shadley Racher & Braun LLP by visiting <http://www.psrb.com>.